



Lifelong  
Learning  
Programme

# PRELABOURAL LEARNING WORKSHOPS: SOCIAL AND LABOURAL INSERTION PROGRAMME (ISOL)

## GOOD PRACTICE MODEL

Good Practices Materials collected by the project partner José Manuel García Marrero/ Ctra. Del Chorrico, km1, 30500 Molina de Segura , Murcia, Spain.



MOST PROJECT



## PRELABOURAL LEARNING WORKSHOPS: SOCIAL AND LABOURAL INSERTION PROGRAMME (ISOL)

### DOCUMENTING “BEST PRACTICES”

#### (a) Title of the “Best Practice”

Social and Laboural insertion programme for mentally ill patients and/or drug addicts associated to psychiatric pathologies and prevention.

#### (b) Introduction

Mental ill and drug addict people who are social-laboural excluded, disengage from educational, employment or training placement.

Patients who were in the Murcia Health Service network during many years and need another skip forward in their rehabilitation, which was social and laboural insertion, allowing more patients access to mental health network. Being it our main objective.

Through new methodologies, training courses, prelaboural workshops and setting up social enterprises which generate employment and combating social stigma. All this helps us to get project objectives and makes the project has high relevance.

#### (c) Implementation of the Practice

Creation of personalized laboural insertion itineraries, job placements specifically adapted to the beneficiaries limitations.

Thanks to European Funds (Equal Initiative) we could regenerate a piece of land where we create a leisure park to develop a great number of employment activities, provides an environment that allows the "containment", which is necessary for the beneficiaries employability and labour insertion. That makes possible our target groups employability in tourism, culture and leisure areas, promoting a labour market based on using new technologies in leisure, the culture and the tourism sectors and combat social stigma. This is a way to generate many different kinds of employments. Such us gardening, maintenance, restaurant, cleaning, sports, etc...

This project has showed its effectiveness, efficiency and sustainability, being implemented for the last 10 years.

Starts activities in 2004, City of Molina de Segura, with the Operative Programme, Equal Initiative and Murcia Health Service funds in the Region of Murcia. Through these years, project has reduced the need of resources and funds. During these years project has been replicable in three other areas in the Region of Murcia, which are Cartagena, Lorca and Caravaca.

The main Key implementers and collaborators are:

- *MURCIAN HEALTH SERVICE: Public Regional Organism which is in charge of give health and rehabilitation assistance in the Region of Murcia*
- *City Council of Molina de Segura: Public Local Administration.*
- *ASOCIACION MURCIANA DE REHABILITACIÓN PSICOSOCIAL: Non lucrative organization which have developed many European projects, collaborating with Murcia Health Service in the field of labour insertion of drug abusers and mental ill people.*

#### **(d) Results of the Practice- Outputs and Outcomes**

During the last 10 years, 904 project beneficiaries were employed. And 496 beneficiaries per year are getting laboural training courses in the leisure park (Parque de Ocio Los Juncos, [www.parqueisol.es](http://www.parqueisol.es) . For those who due to their disabilities or social skills cannot access to the ordinary laboural market, we set up 3 insertion companies where we offer a supervised and protected employments.

Last year, more than 18.000 people (general population, schools, enterprise events, families, and other clients) visits the park allowing the sustainability of the insertion employment generate and job placements.

In 2007 under Equal Initiative an assessment of the practice was carried out, and as result of it we were considered by the transnational network as a good practice model.

#### **(e) Lessons Learnt**

What worked really well and was a key factor for success was the good coordination and cooperation among the different organisations and actors involved. And the support of local, regional and national authorities

## (f) Conclusion

Among all results which have benefited the population we could highlight, that 904 beneficiaries who were passive population (the received social benefits), became active population, employment give them economic independency and social integration.

For those who are included in the personalized laboural insertion itineraries, training workshops and job placements, they improved their employability; they became more active, getting working habits and social skills.

And a common benefit in both groups is that the average annual hospital admissions decreased.

Before access to the project their annual average hospital admissions were 11,24 days.

After being in the project their annual average hospital admissions were 1,33 days.

This means two significant benefits, one is related to beneficiaries health and the second one is the economic, cost saving for the Murcia Health Service, reducing the annual average hospital admissions in nearly ten days.

Our intervention should be considered a “Best Practice” in the field of social and laboural insertion, because of being effective, efficient, relevance, ethical, sustainable, replicable, involving several stakeholders, involving communities and it has the authorities support.

For those intending to adopt the documented “Best Practice” we recommend to analyze the cultural, economic and social context of the place where they would like to replicate it.

## (g) Further Reading

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[www.parqueisol.es](http://www.parqueisol.es)